

ACUPUNCTURE FOR CELLULITE



What is Cellulite?

Cellulite is essentially trapped pockets of fat that give rise to dimpled skin or an 'orange peel' appearance. About 90% of women develop cellulite at some point around their hips, buttocks and thighs. It is thought to be a result of: imbalanced hormones, poor nutrition, sedentary lifestyle and genetics.

How can Acupuncture Help?

Acupuncture is a safe, natural way to help eliminate cellulite. Even though cellulite can be seen externally, it is actually in the deeper layer of your skin. This would explain why external treatments like topical creams cannot effectively deal with the problem.

Acupuncture deals with cellulite at its source, by nourishing connective skin tissues from within. It helps to 'unlock' cellulite deposits so that it can be effectively diminished.

This is an intensive treatment designed to cleanse and improve circulation, as well as firm and improve skin tone at focused problem areas. With the help of acupuncture you will notice smoother feeling legs and a firmer looking appearance in your skin.

Chinese medicine views the flesh to be related to a healthy functioning digestive system. When it goes out of balance, it is common to see skin lose its elasticity and store fat irregularly as cellulite.



- Improves metabolic function
- Detoxifies tissues
- Relieves stress
- Promotes elimination of fat and cellulite
- Smooths and firms skin
- Activates fluid circulation
- Helps to eliminate "orange peel" appearance of the skin

Pricing - Smooth Skin Package

One or both sides of the thighs can be treated with this effective treatment to help smooth skin and diminish cellulite. Includes a vigorous thigh massage and dietary/herbal advice. This treatment works best on mild to moderate cellulite coverage and prevention.

- 10 sessions cellulite acupuncture \$816 - \$1020

*note – each individual acupuncture for cellulite treatment costs between \$80-\$100 depending on if both front and back are treated